

Havelock House

Nursing Home

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Providing Quality Nursing Care



The Local Area

Havelock house is a family run nursing home in the quiet village of Polegate in East Sussex and is situated at the foot of the South Downs and is only a few miles from Eastbourne Town Centre. There are main line train station, buses, local shops, churches and a range of other amenities are all within a few minutes walking distance.

There is ample parking for visitors at the front of the home.

The Home

This friendly, well run Nursing Home offers 25 rooms on two floors with Stair lift and lift access. We have 22 single rooms (3 with En Suite) and 3 Twin Bedded rooms all with individual washing facilities. All rooms are comfortably furnished with Television and 24 hour Alarm Call System.

The Residents

We cater for the Elderly, Infirm, Post Operative, Long or Short term residents irrespective of Private or Social Service Funding.

Friends and Family are welcome to visit at any time on any day, preferably avoiding meal times.

Residents Lounge Area

The large lounge is homely and provides Television, DVD Player, CD player and Radio for resident's enjoyment. The home also has a large garden which the residents can see from the lounge.

Bedrooms

Residents are encouraged to personalise their rooms with small items of furniture, pictures etc to help them feel welcome and at home. Any items brought into the home must meet the current Fire, Health & Safety Regulations.

Visitors are welcomed for short stays (subject to room availability) there will be a charge for this and details available from the Home Manager.

The Catering

Our Cook provides a menu of tempting meals and desserts which can be adapted to suit individual requirements.

Residents can choose to have meals either in their rooms or in our spacious dining room.

Visitors are welcomed for refreshments or meals (notification in advance required).

Meal Times

Breakfast8.00am
Morning Coffee10.00am
Lunch12.30pm
Afternoon Tea3.00pm
Supper5.00pm

Tea, Coffee and other hot drinks are available 24 hours a day for Residents.

The Garden

Our large country style garden has benches that are shaded by two beautiful apple trees. There is also have a green house where the staff are producing some home grown fruit and vegetables.

The residents can sit out in the sun and relax and enjoy the fresh air or view the beautiful scenery from the lounge through the large patio windows.

The Staff

The Manager Sandra Jones has over 9 years of experience in the care industry. She has achieved her NVQ level 4 Qualification in Management, Registered Managers Award and has worked at a managerial level for several years in Domiciliary Care, Residential Care and has now joined us in Nursing Care.

The home provides a team of Qualified and Experienced Nursing Staff to provide you with all aspects or care in a friendly and efficient way, respecting dignity, individuality and privacy 24 hours a day. All of our staff are subject to a thorough recruitment process and CRB checks.

Our Activities Co Coordinator encourages the residents to participate with social, mental and physical activities such as Craft, Music, Games and much more.

All enquiries should be made to the Manager who will be happy to show prospective residents or family members around the home and answer any questions that you may have.

Smoking is not permitted anywhere within the home.

Havelock House Nursing Home
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East Sussex, BN26 6BY
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Proprietors: Mr B Dhunoo R.M.N M.A.A.T & Mrs T Dhunoo R.G.N R.M.
Manager: Sandra Jones - Email - manager@havelockhouse.com